EFFECT OF EXTENSIVE AND INTENSIVE INTERVAL TRAINING AND DETRAINING ON SELECTED PHYSICAL FITNESS AND PHYSIOLOGICAL VARIABLES OF COLLEGE MEN

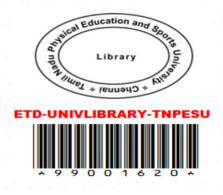
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Submitted by R. AMIRTHARAJ

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